



# League Leadership Institute



SCHOOL OF **CONTINUING EDUCATION**

**Virtual | 2025**

- Comprehensive 5-month program
- Earn Continuing Education Units from the University of Wisconsin-Milwaukee School of Continuing Education
- Earn your designation to become a Certified Wisconsin Credit Union Leader (CWCUL)

The League's Leadership Institute is designed to help emerging and mid-level managers build their leadership skills to more effectively prepare for succession planning and promotion. This virtual school is being offered during a 5-month period starting in August running through December with half-day sessions during the same week for a total of 12 online sessions. Students are encouraged to partner with their supervisor to tailor their action plan for each class to fit their goals for professional development.



Module 1:  
Performance  
Management



Module 2:  
CliftonStrengths



Module 3:  
Building Psychological Safety  
& Trust With Your Team



Module 4:  
Employee Engagement  
& Coaching



Module 5:  
Project Management  
Foundations



Module 6:  
Emotional Intelligence  
in the Workplace



# League Leadership Institute

Aug. 19 & 20 | 8:30am - 12:30pm\*



## Module 1: Performance Management

This program is designed to empower managers at all levels by providing a robust framework of best practices essential for effectively managing themselves, their teams, and their outcomes. Structured into three comprehensive modules—Goal Setting, Effective Communication, and Accountability—each component functions independently while also interlocking to reinforce holistic managerial capabilities. Together, these modules equip managers to set clear goals, manage time and tasks efficiently, optimize communication, deliver impactful feedback, and establish accountability systems that drive high performance and employee success. (.8 CEUs)

### Benefits and Learning Outcomes:

- Master goal-setting, facilitating effective meetings, and prioritizing tasks efficiently Learn enhancements to set yourself up for success for setting goals, meetings and prioritization
- Enhances communication skills, focus on delivering constructive feedback, setting clear expectations, and managing difficult conversations effectively
- Build on the foundations set in the previous modules to integrate work processes, communication, and feedback into a cohesive performance management system that drives accountability

*\*Only session held on consecutive dates*

Sept. 23 & 25 | 8:30am - 12:30pm



## Module 2: CliftonStrengths®

Unlock your potential as an individual and a leader in this interactive CliftonStrengths workshop. Participants will gain insights into their natural talents and learn how to transform these talents into powerful strengths. The session will also cover strategies for collaborating effectively with colleagues who possess different strengths and leveraging a team's collective strengths to maximize engagement and achievement. Our leaders have found this class fun, insightful and helpful for their professional development. (.8 CEUs)

### Benefits and Learning Outcomes:

- Name your strengths – Identify your themes of talent and what they mean
- Claim your strengths – Understand how to turn talents into strengths, individually and in teams
- Aim your strengths – Develop actionable goals to apply your strengths for maximum performance



## Meet Your Module 1 Instructor!

**Barbara Burgess** is a corporate consultant, coach, program developer, trainer and specialist in the areas of transformational leadership, social and emotional intelligence, women's

leadership and employee empowerment. She has over 30 years of experience in a broad range of industries, including nonprofit, healthcare, industrial supplies, association management, financial services and consumer goods.

Barbara is a dynamic leader and executive who combines vision with pragmatism in fierce dedication and service to her clients, partners and employees. Whether she is delivering a keynote address, facilitating difficult conversations with varied stakeholders or coaching C-level executives, she's an inspiring leader who "walks the talk." Barbara delights in helping executives and organizations deliver better outcomes with less stress and more satisfaction.



## Meet Your Module 2 Instructor!

**Lauren Pagenkopf** is a business leader who translated 25 years of corporate experience into a successful career as a strengths-based coach and management consultant. Her

diverse leadership roles in manufacturing, healthcare, publishing and nonprofit at organizations including Harley-Davidson Motor Company, Children's Hospital of Wisconsin and Hal Leonard Corporation give her a fully integrated perspective on the challenges leaders face during periods of growth and change. Lauren holds a Master of International Management degree from Thunderbird School of Global Management and numerous coaching and development certifications.



# League Leadership Institute

Oct. 14 & 16 | 8:30am - 12:30pm



## Module 3: Building Psychological Safety & Trust With Your Teams

Organizations want high-performing teams, but there is no “team” without trust. Trust is hard to come by if team members don’t feel safe enough to speak up, be candid, take reasonable risks and draw outside of the lines. This course helps you recognize and promote psychological safety—clearing the big blocks to innovation, connection and collaboration in your organization. (.8 CEUs)

### Benefits and Learning Outcomes:

- Describe the meaning of psychological safety and discover how to build an environment that supports candor and trust
- Define a culture where everyone is enabled to do their best work through open and fearless dialogue.
- Design a culture of trust by setting the stage, inviting participation proactively, and responding productively with “radical candor”
- Recognize easy ways to incorporate psychological safety and radical candor into your daily leadership practice

Oct. 28 & 30 | 8:30am - 12:30pm



## Module 4: Employee Engagement & Coaching

Employee engagement is one of the toughest issues facing today’s employers as they struggle to maintain the talent and knowledge base necessary for competing in the global market. This course will help you gain an understanding of how to be more thoughtful and effective by using a coach approach in order to empower employees and create an environment of open communication and collaboration. Leave with techniques and a coaching plan that can be immediately applied on the job to reap organizational success. (.8 CEUs)

### Benefits and Learning Outcomes:

- Learn the core principles of coaching as an effective management style
- Understand how to use a coaching management approach to create a healthy organization and positive culture
- Develop your coaching skills by expanding your range from “expert” to coach, which reduces your workload and makes you more effective with less effort
- Create a coaching plan that you can immediately implement in your workplace



## Meet Your Module 3 Instructor!

As the principal of AMM Consulting, **Ann Manning** coaches and consults with clients to develop strong leaders and build high-performing teams and organizations. With over 25 years

of experience in corporate, nonprofit and consulting roles, Ann has a proven track record of delivering strategic solutions through leadership development, executive and career coaching, talent management and human resources consulting.

Through her expertise and empathetic personality, Ann quickly builds trusting coaching and consulting relationships. She’s helped countless clients explore opportunities, focus action and shift leadership behaviors



## Meet Your Module 4 Instructor!

**Jill Mueller** is a coach and trainer at Darcy Luoma Coaching & Consulting. Previously, Jill worked as a special assistant to the president of UW System and as a trainer and assistant manager at

Great Lakes Higher Education Guaranty Corporation. She earned her master’s in adult education at UW-Milwaukee and completed the Certified Professional Coaching program at UW-Madison. Jill is passionate about combining education and coaching to help adults find joy and success in their work and in their life.



# League Leadership Institute

Nov. 18 & 20 | 8:30am – 12:30pm



## Module 5: Project Management Foundations

Success in project management demands a structured, systematic approach to projects. Develop the core tools and techniques for each phase: initiating, planning, executing, monitoring, controlling and closing. Gain a working foundation to better plan and control a variety of projects in your organization. (.8 CEUs)

### Benefits and Learning Outcomes:

- Identify critical project management deliverables
- Increase the number of potential responses that you may have to any given problem or scenario
- Become more proactive handling unexpected events
- Increase your personal level of project management maturity

Dec. 2 & 4 | 8:30am – 12:30pm



## Module 6: Emotional Intelligence in the Workplace

Tapping into emotional intelligence results in a better bottom line for both businesses and employees. Research clearly shows this, yet many courses on emotional intelligence still focus on outdated concepts of managing emotions vs. leveraging them. In this dynamic course, you'll not only learn the fundamentals of identifying emotions, but you'll also discover how you can apply those concepts in today's post-pandemic workplace. Navigating online meetings, social media, the age of the influencer and an ever-expanding list of work-life balance challenges with remote vs. in-office work requires a high level of emotional intelligence. (.8 CEUs)

### Benefits and Learning Outcomes:

- Build and use personal Sensation Dictionary of Emotional Awareness
- Learn how to use the Emotion Wheel to increase reasoning ability in varied situations
- Create an EI Flex Strategy for various environments: online, email, social media, in person.
- Distinguish between managing emotions and leveraging emotions
- Learn how to use emotional intelligence in project planning to identify and address areas of concern



## Meet Your Module 5 Instructor!

As a speaker, mentor, educator, consultant, author and project manager, **Sandra Hoskins** is committed to working with people who want to create excellence in their life, whether

at work, home, play or in their community. Sandra's passions are project management and education. Her participation in these professions has taught her the importance of work-life balance.

She believes the principles of leadership, education and project management are the difference makers and the deal breakers. It is how we grow people and organizations and, more importantly, it is how we influence lives.



## Meet Your Module 6 Instructor!

**Barbara Burgess** is a corporate consultant, coach, program developer, trainer and specialist in the areas of transformational leadership, social and emotional intelligence, women's

leadership and employee empowerment. She has over 30 years of experience in a broad range of industries, including nonprofit, healthcare, industrial supplies, association management, financial services and consumer goods.

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“ I thoroughly enjoyed this program and learned many practical skills that I will be able to apply right away on the job. This coursework really helped me to develop into a better leader. ”

– Bonnie Rosenmeier  
Chief of Staff,  
Heartland Credit Union

“ This program has opened my eyes to teaching, managing and understanding leadership skills in another way. ”

– Jason Golembiewski  
Operations Manager,  
Enterprise Credit Union

“ I highly recommend this program and taking your learnings back to your credit union and sharing new found skills. ”

– Tanya Robison  
Systems Analyst – Retail,  
Kohler Credit Union

“ This program has inspired me to take the steps necessary to reach my full potential. ”

– Stephanie Schmidt  
Member Service Representative,  
Corporate Central Credit Union

## What's included:

- 4.4 total continuing education units (CEUs) from the University of Wisconsin – Milwaukee School of Continuing Education
- Certificate of completion from University of Wisconsin–Milwaukee School of Continuing Education
- Earn a designation of Certified Wisconsin Credit Union Leader (CWCUL) designation from The League [must complete at least 5 of the 6 sessions]
- A total of 12 interactive, online sessions taught by leaders in their field with years of expertise putting theory into practice in the real world
- Top 5 CliftonStrengths assessment included in registration fee. Access to the assessment will be provided.
- A personalized action plan following each module that includes 1-2 measurable items to be practiced on the job
- Small class size limited to 20 students

**This leadership training is valued at over \$5,500.**





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## Investment

\$3,395 regular | \$3,195 early bird, by  
June 27, 2025  
Registration closes on July 25, 2025.

Registration includes all training  
materials (Includes CliftonStrengths Top 5  
Assessment).

## Cancellation/Substitution Policy

Cancellations and refund requests  
must be provided in writing and sent to  
[registration@theleague.coop](mailto:registration@theleague.coop) made prior  
to July 25, 2025 and are subject to a \$99  
service charge.

No refunds will be granted after this event  
date. Substitutions are accepted any time  
before the Institute begins, but The League  
must be notified.

“ This program opened my mind to new ways to  
approach goals, obstacles and interpersonal  
interactions so as to be able to derive the most  
benefit from my efforts. ”

– Jacob Geske  
Indirect Lending Manager, CoVantage Credit Union

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